

STRIDE OUT

for 32 miles along the
Rhymney Riverside Walk.



The Rhymney Riverside Walk is a 32 mile linear walk which winds along the floor of the Rhymney Valley, following the river from its headwaters to the southern plains. There are many bus and train stops along the route – so it need not be walked in a single outing. The walk forms part of the Valleys Regional Park, a network of visitor facilities and accessible countryside activity routes across the Valleys.

For further information on walking routes and other activities which you can enjoy, please visit www.thevalleys.co.uk . The Valleys Regional Park is part-funded by the European Regional Development Fund through the Welsh Government.



Rhymney Riverside Walk.

The Rhymney Riverside Walk follows footpaths and cycleways, with some sections along the roadside in urban areas. The paths are mainly dry but can get wet and boggy in places after periods of wet weather – stout footwear is recommended. There are plenty of pubs and shops close to the route, but it's advisable to take food and drink. The use of sustainable public transport is encouraged – please check times of services beforehand. The directions in this document assume you are walking the route from north to south. Mobile phone coverage is generally good but reception can be poor in valley bottoms. Take your camera and binoculars and please follow the countryside code as you, 'leave nothing but footprints; take nothing but memories.'

Ordnance Survey Explorer maps 151 and 166 cover the route. Maps in this document are reproduced from the Ordnance Survey mapping with the permission of the Controller of Her Majesty's Stationery Office. © Crown copyright. Unauthorised reproduction infringes Crown copyright and may lead to prosecution or civil proceedings. Caerphilly County Borough Council, 100025372, 2012.



Rhymney Riverside Walk.

Section 1.

FROM: [1] Bryn Bach Park (OS Grid Ref: SO 126 103)
or [1a] Bute Town (OS Grid Ref: SO 104 092),

TO: Elliot Colliery Winding House Museum
(OS Grid Ref: SO 146 028).

From Bryn Bach Park or Bute Town follow paths down and through Rhymney, first over a level-crossing then under a railway arch in Pontlottyn until you pass Rhymney Comprehensive School. Follow clear tracks until New Tredegar where an urban cycleway takes you past the Elliot Colliery Winding House Museum.

Key to additional symbols on Ordnance Survey maps.

..... Route: Off-road.

— Route: On-road.

①..... Section start.

...②➤ Section continues.

🚲 Cycle route.

🚌 Bus stop.

🚉 Railway station.

P Car park.

🛏 Accommodation.

☀ Viewpoint.

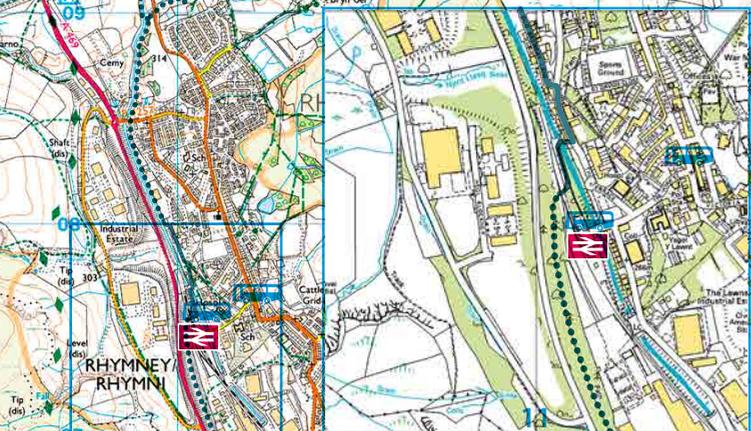


Bryn Bach Park

Bute Town

Winding House

NEW TREDEGAR



Bute Town – Model methodology.

In 1825 the Marquis of Bute began a new ironworks on the banks of the Rhymney River. To house his workers he created an early example of a planned village. But the success was short-lived, as the iron-workings were soon exhausted and the final row of planned houses was never completed.



Rhymney Brewery – A healthy pint.

The Rhymney Brewery was developed into Wales's largest brewery by Andrew Buchan, its first manager, who was in charge from its opening in 1838 to 1858. During the brewery's early years beer was drunk throughout the day – as it was safer to drink than water from wells or rivers, which could carry cholera.



Salmon – A spawning success.

Born in a river, living in the ocean, then returning home – the migration of the Salmon is amazing – the fish often returning to the exact spot where they were born to spawn. Redds is the name given to the gravelly area used by the Salmon to spawn, and some are found above New Tredegar.



Useful information.

Walks in Cardiff.

Countryside Team, County Hall, Atlantic Wharf, Cardiff, CF10 4UW.

T: 029 2087 3719 / 2073 7186 .

E: countryside@cardiff.gov.uk .

www.cardiff.gov.uk/countryside .

Newport Countryside.

Countryside Service, Civic Centre, Newport, NP20 4UR.

T: 01633 656656 .

E: info@newport.gov.uk .

[www.newport.gov.uk/ dc/index.cfm?fuseaction=outdoors.homepage](http://www.newport.gov.uk/dc/index.cfm?fuseaction=outdoors.homepage) .

Walks in Caerphilly County Borough.

Countryside and Landscape Service,

Pontllanfraith House, Blackwood, NP12 2YW.

T: 01495 235219 .

E: countryside@caerphilly.gov.uk . www.caerphilly.gov.uk/countryside .

Visiting Caerphilly County Borough.

Caerphilly Tourist Information Centre, Twyn Square, Caerphilly, CF83 1XX.

T: 029 2088 0011 .

E: tourism@caerphilly.gov.uk .

www.caerphilly.gov.uk .

Useful information.

Caerphilly Tourism Association.

www.visitcaerphilly.com .

The health benefits of walking.

www.caerphilly.gov.uk/healthchallenge .

Local public transport.

Traveline Cymru.

T: 01495 235223 / 0871 200 22 33 .

www.traveline-cymru.info .

Local weather forecasts.

Met Office.

www.metoffice.gov.uk/public/beta/ .

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